Growing Thoughtful People for Stronger Communities

GPS FOR LEADERSHIP
"Finding Ones Way in the System"

This course is an introduction to Bowen Family Systems theory. It will provide an exploration of each of the eight concepts and an opportunity to apply theory in work and life. Participants will meet for eight sessions on Mondays from 1:00 - 4:00 PM Eastern. *See website for dates.*

Cost: $900

Online via Zoom

WORKSHOP FACILITATOR TRAINING

Workshop Facilitators are individuals who have been trained and are equipped to facilitate the six Healthy Congregations workshops in their own communities. This training will focus on a solid introduction to Bowen Family Systems Theory and utilizing strategies for presenting each of the workshops. Participants will meet Tuesdays, 10:00 a.m. - 12:00 p.m. Eastern, Sept. 15 - Oct. 27, 2026.

Cost: $900 (includes Facilitator Training Manual)

Online via Zoom

Scholarships Available!

LEADERSHIP SERIES

The Leadership Series is an opportunity for leaders across professions to apply principles of systems thinking to self, family, and organizations. The year is composed of seminars that promote in-depth thinking through the lens of Bowen Family Systems Theory. The seminars include plenary presentations, practical application of systems theory to workplace and family, and small group coaching. *See websites for dates.*

Cost: Before August 1 $1350/After August 1 $1500

Payment Plans and Group Rates Available

Online (Thursdays) via Zoom OR

In-Person (Fridays) in Central Ohio

NEW! *Coming Winter 2027*

Family Systems in Scripture: Ancient Stories, Modern Families. Explore how the struggles and relationships of biblical families illuminate the challenges faced by families today. Through six engaging sessions, participants will be introduced to the eight concepts of Bowen Family Systems while studying Dr. Barbara Laymon's book, "All the Families of the Earth: Therapists in Bible Times." No prior knowledge of Bowen Family Systems is required. *More information coming soon!*

For more information and to register, visit:
www.healthycongregations.com

Healthy Congregations, Inc.
6580 Columbus Pike Lewis Center, OH 43035
office@healthycongregations.com

2026-27 OPPORTUNITIES